

How to Make and Share a Polyamorous Pizza by Danny BurboI of KinkyPoly.com

Just like ordering a pizza, walk through each of the main aspects of a relationship and talk about what each of you want and don't want in your relationship together (or friendship, situationship, partnership, etc.). Check a box and write down your shared intentions and agreements. (Use the back of this page or another page if needed.)

Aspect	None	A Little	A Lot	All In	What that looks like for us is...
Business Partners					
Caregivers to each other					
Co-Caregivers to others					
Collaborative Projects					
Emotional Intimacy / Support					
Financial Entanglement					
Friendship					
Kink / BDSM					
Life Partners					
Nesting Partners					
Physical Touch					
Romance					
Social Partners					
Sex					

How will we introduce each other?

When will we check-in and revisit this worksheet?